

Akshay Paatra Sadhana

For overall prosperity in life !

Very secret and important Sadhanas appear in this magazine. We always remain endeavouring to obtain the Sadhanas of our ancient Rishis and ancestors and present them to the Sadhaks through the medium of this magazine. This is done with the view that it would not only enable the Sadhaks to become perfect in Sadhanas rather it would also help preserve the ancient science of Sadhanas.

With the same aim we produce here a very wonderful and amazing Sadhana which is called *Akshaya Paatra Sadhana*.

The eldest of the five Pandavs, Yuddhishtthir, was a very pure minded and honest person. He was very upright and just and even in the most trying situations of life he never opted for the path of injustice. But due to past Karmas he lost everything he had - his kingdom, wealth and property - in a gambling match. He even put at stake his wife and lost her too. As a result he had to face exile of twelve years and in this period he had to face problems, sorrows and obstacles at each step. Along with him his four brothers Arjun, Bheem, Nakul and Sahdev and wife Draupadi too were exiled.

It was the habit of Yuddhishtthir that he never had food without first offering meals to Brahmins. There was not enough for the six individuals to eat. What could they offer to Brahmins? Brahmins and Sanyasis used to follow him in large groups in the hope of getting rich food. He prayed to them and said - I have been exiled. It is not possible for me to feed you. Hence I request you to leave and return to your homes.

The Brahmins said - When we kept your company in good times, we shall continue to do so in the bad times as well. You should not worry. We shall make best efforts and find a Sadhana which shall solve your problem.

Thereafter one of the scholars, Dhoumya, explained the secret Akshaya Patra Sadhana and said to Yuddhishtthir - You should accomplish this Sadhana. Through it you would never have to face any paucity regarding food, clothes or residence in your life. Then he explained the Sadhana to the Pandavs.

This is a very amazing and secret Sadhana. When Yuddhishtthir started to do this Sadhana, Rishi Dhoumya prepared an Akshaya Patra in special auspicious moments. This was made from copper and had the shape of a bowl. It was prepared in special moments when the sun was in its own asterism. Having prepared this Akshaya Patra it

was consecrated with powerful Mantras no less than eighteen times. These eighteen steps make this Sadhana article divine and boon bestowing.

After this the Akshaya Patra was further energised with the Mantras of *Suryopanishad* and then with the Akshaya Patra Mantra. It is such a very Sadhana article that proves efficacious for this ritual.

After having prepared this wonderful Sadhana article Rishi Dhoumya gifted it to Yuddhishtthir. When Yuddhishtthir accomplished this Sadhana, Sun appeared before him and spoke the following words.

Te Bhilashitam Kichitatvam Sarvamvaapsyasi. Ahamannam Pradaasyaami Sapt Pav Cha Te Samaah.

O Dharmaraaj! What ever you wish for you shall surely have. The Akshaya Patra that you have used in this Sadhana shall provide food to you for twelve years. Whatever you ask of it I shall provide and it shall appear before you. You might ask for food, clothes and even gold ornaments.

This Akshaya Patra remained with Yuddhishtthir for several years. The amazing thing about this bowl was that whatever food item once appeared in it, the same would continue to appear no matter how much was taken out. Through this amazing Sadhana article Yuddhishtthir would feed thousands of Brahmins daily. And till Yuddhishtthir finally had his food the desired articles would continue to appear from it.

Not just food, through it Yuddhishtthir would obtain wealth, money and any desired article. Thus with the help of the Akshaya Patra the Pandavs spent twelve years in the forest without any paucity and finally they fought a war and defeated the Kauravs to get back their kingdom.

In the text Mahabharat it is mentioned that if a person accomplishes this Sadhana gifted by Dhoumya he would obtain amazing riches from the Akshaya Patra and all his life he would never face any shortcoming materially.

Imam Stavam Prayatmanaah Samaadhinaa Patthedihaanyopi Varam Samarthayan Tat Tasya Daadyachch Ravirmaneeshitam Tadaapnuyaad Yadyapi Tat Sudurlabham.

Even the Yogis of Siddhashram have accepted that in the present age of Kaliyug, Akshaya Patra Sadhana is the most important and produces amazing results. If a Sadhak accomplishes it with full devotion and concentration then through it he can obtain clothes, gold and rich food. Then all through life this amazing Sadhana article proves beneficial.

Sadhana Process

This Sadhana can be started from **any Sunday**. In the morning of a Sunday get up early in the morning, have a bath and wear fresh white clothes. Sit on a white mat facing East. On a wooden seat spread a red cloth and on it place an **Akshaya Patra**. First bathe Akshaya Patra with fresh milk and then with water. Wipe it dry and make seven marks with vermilion on the Patra.

After this take a fistful of rice grains and place them in the Akshaya Patra. Then offering prayers to the Sun chant the Mantra eleven times. The whole Sadhana hardly takes half an hour. If some day the Sadhak is busy or absent from home his wife, son or any other family member could do the Sadhana.

Do this regularly for eleven days. It is not necessary to light incense in the Sadhana but do light a ghee lamp.

Akshaya Patra Stotra

**Suryoryamaa Bhagastvashtaa Pushaarkah Savitaah Ravih. Garbhastimaanajah
Kaalo Mrityurdhaataa Prabhaakarah. Prithivyaapashcha Tejashcha Kham
Vaayushcha Paraayannam. Somo Brihaspati Shukro Budhogaanrak Ev Cha.
Indro Vivasvaan Deeptaanshu Shuchih Shourih Shaneishcharah. Brahmaa
Vishnnushcha Rudrashcha Skando Vei Varunno Yam. Veidyuto
Jaatthrashchaagnireindh-nastejasaam Patih. Dharmdhwajo Vedakartaa
Vedaango Vedvaahanah. Kritam Tretaa Dwaaparshcha Kali Sarvamalaa
Shrayah. Kalaa Kaashtthaa Muhurataarshcha Shapaa Yaamastathaa Shannah.
Sanvatsarkaro Shvatthah Kaalchakro Vibhaavasuh. Purushah Shaashvato Yogi
Vyaktaavyakt Sanaatanah. Kaalaadhyakshah Prajaadhyaksho Vishvakarmaa
Tamonudah. Varunnah Saagaro Shashacha Jeemooto Jeevano Rihaa.
Bhootaashrayo Bhootpatih Sarvalokanamaskritah. Srashtaa Sanvartako Vahnih
Sarvasyaadirlolupah. Anantah Kapilo Bhaanu Kaadamah Sarvatomukhah. Jayo
Vishaalo Varadah Sarvadhaatu-nishechitaa. Manah Suparnno Bhootaadih
Sheeghragah Praandhaarakah. Dhanvantari-dhoomketur-aadidevo Diteh Sutah.
Dwaadash-aatm-aarvindaakshah Pitaa Maataa Pitaamahah. Swargdwaaram
Prajaadwaaram Mokshdwaaram Trivishtipam. Dehkartaa Prashaantaatmaa
Vishvaatmaa Vishvatomukhah Charaacharaatmaa Sookshnaatmaa Mantreyah
Karoonnaanvitah. Etad Vei Keertaneeyasya Sooryasyaamit-tejasah. Naamaasht-
shatakam Chedam Prokt-metat Swayambhuvaa. Sur-gannaa-pitri-yaksh-sevitam
Hnaasur-nishaachar Siddhvanditam. Varak Nak Hutaashanprabham
Prannipatitosmi Hitaay Bhaaskaram. Suryodaye Yah Susamaahitah Patthet. Sa
Putradaaraan Dhanratna-sanchayaan. Labhet Jaatismarataam Narah Sadaa**

**Ghritim Cha Megho Cha Sa Vindate Pumaan. Imam Stavam Dev-varasya Yo
Narah Prakeertayechhu-chisumanaah Samaahitah. Vimuchyate Shok-davaagni-
saagaraa Labhechch Kaamaan Manasaa Yathepsitaan.**

I have several experiences related to this Sadhana. I personally made five disciples from the family life and four ascetic disciples perform this Sadhana. All of them were able to achieve success in the same. Today there is no paucity, sorrow, poverty or shortcoming in their lives. They have to just place the Akshaya Patra before them and chant the above Stotra once and the desired article appears in it. Or if they have some wish then the very same day it is fulfilled.

I have observed that the Akshaya Patra is not just capable of providing food, clothes and gold rather if some problem is spoken out before it then that too is solved very soon. Even the most incurable disease can be cured through this Sadhana.

Once my son became severely ill and he had to be admitted to the hospital in a critical condition. The doctors said there was no hope. But I had full faith in this Sadhana and the Stotra. I sat by my son's bedside and chanted the Stotra five times and within a few minutes he regained consciousness. In 24 hours he had recovered completely!

Through this very Sadhana I was able to cure thyroid problem of my mother. I would daily fill a glass with water and chant the Mantra five times. Then I would give the water to my mother to drink. In a month she had recovered fully. Such an ailment, which is believed to be incurable, was cured. Even the doctors were left dumbstruck by the result.

Amazing rituals

1. If an evil ritual has been used against you or your business or if you feel you have become very weak then fill the Akshaya Patra with water and having chanted the Mantra for 45 minutes sprinkle the water over yourself. Soon adverse effect shall be removed for ever.

2. If someone is troubling you without reason, if a foe is proving to be the cause of tension, if a government official is proving to be troublesome then try this ritual for getting rid of the enmity, Place the Akshaya Patra before yourself and take water in the right palm and pledge thus - May this work of mine be accomplished. This person is giving me trouble. May this enmity end.

Let the water flow to the ground. Then dropping a rice grain into the Akshaya Patra each time chant the Mantra. Do this for 51 minutes. After Sadhana boil the rice grains and throw them in the South direction. Soon your problem shall be solved.

3. If suffering from some disease fill the Akshaya Patra with water and chant the Mantra for twenty minutes. Then rub the water on the whole body and the afflicted part. Doing this daily removes even incurable diseases.

There are many more Sadhanas related to this wonderful Sadhana article. Akshaya Patra means fulfilling of all desires of life. But the above are the main rituals related to it.

One who accomplishes this Sadhana has financial gains in life and he also gains fame, respect, health and happiness. A spiritual fragrance starts to pour out of his form and the person gains all the four boons of human life namely
- *Dharma* (righteousness), *Arth* (wealth), *Kaam* (physical pleasures) and *Moksh* (spiritual upliftment).

In fact Akshaya Patra is a unique and wonderful Sadhana. If the Sadhak chants this Stotra just once daily there can remain no shortcoming in his life. Without doubt this is the best Sadhana for the humans of the present age.

Sadhana articles for this Sadhana shall be sent free of cost to those who make two annual subscription members for the magazine from among their friends and help expand the Siddhashram Sadhak Parivar.